

Mya North

Avonworth School District – Class of 2024 – GPA 4.0

YouTube: [Xquisite Gymnastics Mya North](#)

X-Cel Gymnastics - Home of Team Xquisite

Head Coach-Lindsey Stancil

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Skills

Vault: Yurchenko Layout

Working: Yurchenko ½

Bars: Toe Hand/Pak, Pirouette/Staldered Shoot Up, Kip HS, Stalder/Double Tuck
Also has: Blind ½/Front Giant, Kip Hop/Endo

Working: Stalder Full, Piked Jaeger, Double Layout, Chow

Beam: BHS/LOSO, Y Turn 1/1, Split Jump/Straddle Jump, Split ½ Sideways, Side Aerial, Ring Jump, Switch Leap/Piked Gainer off the end
Also has: Front Aerial, BHS/LOSO/BHS Swing Down, Standing LOSO/BHS Swing Down, Front Tuck

Working: Gainer Full Dismount Off End, Onodi, Standing Switch Ring Jump, Switch ½, Tour jeté ½

Floor: Rudi, FLO/FLO, RO/BHS/1/1, Tour Jete ½ /Popa, Ring Leap, Y Turn Full/Illusion Full

Also has: Front 2/2, RO/BHS/2/2, Rudi Split Jump, RO/Whip Back/Full, Switch Ring, Tour Jete ½ Ring, Switch Leap ½, Leg Lifted Full Turn

Working: Double Front, FLO/F. 1/1, Double Back, Rudi/LOSO, RO/ 3/2 /Pike

Career Highlights:

- 2019: L10 State Qualifier
- 2019: L10 Fantasia Classic – 2nd UB
- 2019: L10 Parkettes Invitational – 2nd BM
- 2018: L9 Regional Qualifier
- 2018: L9 Fantasia Classic – 2nd VT
- 2018: L9 Parkettes Invitational – 1st FX
- 2018: L9 Hills Maryland Classic – 1st BM
- 2018: L9 Twistars Invitational – 2nd BM, 3rd FX