

Mya North

Avonworth School District – Class of 2024 – GPA 4.0

YouTube: [Xquisite Gymnastics](#)
[Mya North](#)

Instagram: myanorth2024

X-Cel Gymnastics - Home of Team Xquisite

Head Coach-Lindsey Stancil

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Skills

Vault: Yurchenko Layout

Working: Yurchenko ½ & Arabian Entry/front pike out

Bars: Toe Hand/Pak, Pirouette/Staldered Shoot Up, Kip HS, Double LO Dismount

Also has: Blind ½/Front Giant

Working: Piked Jaeger

Beam: Side Aerial/Swing Down, 1/1 turn, Split Jump/Straddle Jump, Split ½ Sideways, Front Aerial, Switch Leap/Piked Gainer off the end

Also has: Standing LOSO/BHS Swing Down, Front Tuck, Y 1/1 turn

Working: Onodi, Standing Switch Ring Jump, Switch ½, Tour jeté ½

Floor: Rudi/Split Jump, RO/1.5/FLO, Tour Jete ½ /Popa, Y Turn Full/Illusion Full, Tour Jete Ring 1/2

Also has: Front 2/2, Rudi/LOSO, Switch Ring, Switch Leap ½, Leg Lifted Full Turn

Working: Double Front, FLO/F. 1/1, Double Back, Rudi/LOSO

Career Highlights:

- **2021: L10: Regional Championship: 4th FX**
- 2021: L10: Christmas City Classic: 6th VT, 4th FX
- 2021: L10: Stars & Stripes: 4th FX
- 2021: L10: Buckeye Classic: 7th VT, 6th FX
- **2020: L10 State Qualifier * COVID***
- 2020: L10 Fantasia Classic – 5th VT, 3rd FX, 5th AA
- 2020: L10 Excalibur Cup – 3rd VT, 4th FX
- 2019: L10 Texas Prime – 2nd UB
- **2019: L10 State Qualifier**
- 2019: L10 Fantasia Classic – 2nd UB
- 2019: L10 Parkettes Invitational – 2nd BM